



## Results

# The 5Kool Run

A TAVISTOCK Athletic Club Production

## 18 June 2016

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Grade	
						Pos.	Perf.
1	17:40	Simon	Yeo	Tamar Trotters	Sen M	1	73.58%
2	17:59	Michael	Miners	Erme Valley Harriers	Vet 35 M	1	73.77%
3	18:14	Richard	Drage	Tavistock AC	Vet 55 M	1	85.74%
4	18:19	Matthew	Head	Bere Alston Trekkers	Sen M	2	70.43%
5	18:26	Bradley	Stevens	Tavistock AC	U15 M	1	76.94%
6	18:29	Jacob	Thomas-Hegarty	Unattached	U15 M	2	76.74%
7	18:40	Paul	Hegarty	Unattached	Vet 45 M	1	75.98%
8	19:24	Harry	Roberts	Plymouth Harriers	U17 M	1	70.62%
9	19:33	Marc	Perry	Unattached	Sen M	3	67.09%
10	19:34	Alistair	Peers	Tavistock AC	Vet 35 M	2	67.38%
11	19:41	Samantha	Lake	Tavistock AC	Vet 35 W	1	76.46%
12	19:43	Simon	Swift	Erme Valley Harriers	Vet 45 M	2	73.63%
13	20:16	Freddie	Fuller	Tavistock AC	U13 M	1	75.49%
14	21:13	Andy	Charles	Tamar Trotters	Vet 50 M	1	71.25%
15	22:02	Daniel	White	Unattached	Vet 40 M	1	62.41%
16	22:18	Helen	Orme	Tavistock AC	Vet 40 W	1	69.51%
17	22:24	Roger	Hewitt	Tavistock AC	Vet 60 M	1	73.51%
18	22:26	Louisa	Shaw	Unattached	Vet 35 W	2	66.64%
19	22:40	Catherine	Dunlop	Tavistock AC	Vet 45 W	1	71.47%
20	23:13	Ralph	Tomlin	Unattached	Vet 50 M	2	63.53%
21	23:19	Martin	Head	Bere Alston Trekkers	Vet 45 M	3	62.26%
22	23:37	Harry	Tomlin	Tavistock AC	U13 M	2	62.95%
23	24:00	Peter	Hutchins	Unattached	Sen M	4	54.31%
24	24:22	David	Gilvear	Erme Valley Harriers	Vet 55 M	2	63.06%
25	24:36	Paul	Lawrence	Unattached	Vet 35 M	3	54.67%
26	24:37	Niall	Quinn	Tavistock AC	U13 M	3	62.15%
27	24:40	Sarah	Hillson	Tavistock AC	Vet 45 W	2	65.68%
28	24:57	Bryan	Stockwell	Unattached	Vet 35 M	4	53.17%
29	25:19	Claire	Pitcher	Tavistock AC	Vet 50 W	1	67.02%
30	25:55	Julie	Page	Bere Alston Trekkers	Vet 45 W	3	61.86%
31	26:29	Lucie	Prior	Unattached	U17 W	1	58.53%
32	26:44	Poppy	Hearne	Unattached	U13 W	1	62.22%
33	26:49	Glyn	Isaacs	Unattached	Vet 45 M	4	54.13%
34	26:56	Jennifer	West	Bere Alston Trekkers	Vet 40 W	2	57.98%
35	26:59	Sarah	Brown	Unattached	Vet 40 W	3	56.70%
36	28:34	Sarah	Holland	Unattached	Vet 40 W	4	53.85%
37	28:48	Donna	Luckham	Bere Alston Trekkers	Vet 45 W	4	55.67%
38	28:55	Hazel	Bickley	Bere Alston Trekkers	Vet 40 W	5	54.01%
39	29:11	Hazel	Walker	Tavistock AC	Vet 45 W	5	54.43%
40	29:22	Mhairi	McCall	Tavistock AC	Vet 55 W	1	60.84%

41	29:54	Sarah	Prior	Tavistock AC	Vet 40 W	6	52.23%
42	30:04	Anne	Lake	Unattached	Vet 65 W	1	69.51%
43	30:59	Becky	Rankin	Bere Alston Trekkers	Vet 35 W	3	48.41%
44	31:06	Emma	Webber	Unattached	Vet 35 W	4	48.23%
45	31:25	Richard	Cousins	Unattached	Vet 45 M	5	46.21%
46	31:39	Trevor	Grigg	Tavistock AC	Vet 60 M	2	50.66%
47	31:42	Vicki	Terry	Unattached	Sen W	1	46.79%
48	31:43	Morwenna	Roesner	Unattached	Sen W	2	46.66%
49	31:46	Richard	Nettleship	Unattached	Vet 45 M	6	45.33%
50	33:09	Emma	Craig	Tavistock AC	Vet 45 W	6	47.91%
51	34:47	Dave	Roden	Unattached	Vet 40 M	2	40.15%
52	35:40	Cathryn	Hutchins	Unattached	Vet 50 W	2	48.83%
53	35:44	Jennifer	Packman	Unattached	Vet 65 W	2	58.49%
54	35:58	Susannah	Pratley	Unattached	Vet 55 W	2	49.68%
55	36:13	Matt	Luckham	Bere Alston Trekkers	Vet 40 M	3	38.24%
56	36:42	Lorena	Merrett	Unattached	Vet 65 W	3	56.09%
57	37:10	Joanne	Gilvear	Unattached	Vet 45 W	7	43.59%
58	37:16	Jane	Elliott	Unattached	Vet 55 W	3	47.94%
59	37:21	Daniel	Pratley	Unattached	Vet 65 M	1	46.18%
60	37:31	Judy	Cuckston	Tavistock AC	Vet 55 W	4	48.91%
61	37:32	Lisa	Isaacs	Unattached	Vet 45 W	8	42.72%
62	37:38	Karen	Smith	Unattached	Vet 40 W	7	41.19%
63	37:40	Christine	Freer	Unattached	Vet 60 W	1	53.01%
64	38:09	David	Lashbrook	Unattached	Vet 60 M	3	42.03%
65	38:10	Lisa	Stewart	Tavistock AC	Vet 45 W	9	42.01%
66	38:26	Natalie	Wilkins	Unattached	Vet 35 W	5	39.03%
67	38:32	Joanne	Galli	Unattached	Vet 40 W	8	39.92%
68	39:45	Stuart	Hearne	Unattached	Vet 40 M	4	35.39%
69	39:45	Tamar	Hearne	Unattached	U15 W	1	39.54%
70	40:28	Geri	Cousins	Tavistock AC	Vet 45 W	10	40.44%
71	41:06	Jill	Keenan	Unattached	Sen W	3	36.01%
72	41:14	Deborah	Mayne	Tavistock AC	Vet 60 W	2	48.42%
73	41:47	Wendy	Wright	Tavistock AC	Vet 50 W	3	42.20%
74	47:11	Christine	Ladbrook	Unattached	Vet 50 W	4	37.37%
75	52:01	Tracy	Lashbrook	Unattached	Vet 50 W	5	32.62%