

## Armada Christmas Relays - Central Park, Plymouth - 18th December 2022

Pos	Num	Team Name	Cat	Runner 1		Runner 2		Runner 3		Runner 4		Total	
				Name	Time	Name	Time	Name	Time	Name	Time		
1	80	COPAC Under 18 Males	MU18	Thomas Jones	10 37	Isaac Lamerton	10 12	Finley Squires	11 03	Gregor Norster	10 26	42	18
2	50	COPAC Senior Men	M	Joshua Reed	10 07	Ryan Travers	11 57	Jacob Robinson	11 36	Daniel Newman	9 58	43	38
3	169	TAC Ladies	F	Nikki Kelly	11 15	Samantha Lake	11 49	Jasmine Gray	11 39	Emma Ryder	11 08	45	51
4	162	EVH Men	M	Charlie Milward	10 43	Ben Vleminckx	15 01	Jamie Frost	10 39	Sam Swift	10 41	47	04
5	172	COPAC Senior Women	F	Hannah Blair	11 20	Katy Anderson	12 47	Kate Phillips	12 24	Annie Arnold	10 56	47	27
6	164	EVH V50	MV50	Dave Rayfield	12 05	Allister Bristow	10 51	Nick Bristow	12 29	Alan Gatling	12 42	48	07
7	168	Tavistock AC	M	Carlos Castillo	13 58	James Crossey	13 24	Alistair Peers	10 56	Sam Larkham	10 02	48	20
8	62	COPAC Vet 40 Men	MV40	David Vickerstaff	11 56	Adrian Morris	12 47	Michael Crawford	12 01	Ian Squires	12 04	48	48
9	170	Has Beans & Never Wozzes	MV50	Mike Cork	13 22	Sean Childs	12 47	Chris Puertas	11 52	Stuart Hall	11 21	49	22
10	174	COPAC Under 16 Mixed	NS	Madeleine Jones	13 01	Douglas Richardson	11 08	Elsie Goodspeed	12 56	Isabella May	12 44	49	49
11	163	EVH V40	MV40	Chris Prall	10 56	David Lloyd	14 16	Tom Davies	12 28	Jeremy Westmore	12 19	49	59
12	173	COPAC Under 17 Ladies	FU18	Molly Gilbey	12 06	Phoebe Timson	13 30	Martha Wilson	12 32	Abbie Chapman	12 55	51	03
13	159	Musketeers V40 Male	MV40	Matt Vosper	13 08	Michael Hockey	13 26	David Austin	13 42	Jack Frost	11 40	51	56
14	146	Team Polar Express	MIX	Colin Bigham	11 18	Alison Bigham	14 02	Eloise Patrick	14 28	Zoe Bigham	12 32	52	20
15	65	COPAC Vet 50 Men	MV50	Stephen Burns	12 17	Jerry Kevern	14 26	Stephen Blackford	14 50	Simon Anderson	11 27	53	00
16	138	Storm V50s	MV50	Neil Brownridge	13 32	Michael Hughes	12 54	Gary Ewings	14 28	Joseph Murphy	13 01	53	55
17	158	Musketeers Senior Men	M	Travis Trice	14 59	Nick Brice	13 06	Daniel Case	12 40	Colin Hughes	13 30	54	15
18	144	Tamar Trotters B	NS	Dominic Parnell	12 52	Darren Blenkinsop	14 25	Colin Bunting	14 12	Dominic Parnell	13 05	54	34
19	165	EVH V60	MV60	Russ Mogrodge	13 03	Neil Moffatt	14 23	Ken Summers	14 58	Andy Trigg	12 25	54	49
20	137	Tavistock AC Talkers	FV45	Helen Orme	13 01	Caroline Steven	13 14	Lisa Maybe	14 34	Sarah Holland	14 21	55	10
21	167	Plymouth Harriers Mixed	MIX	Laura Goodspeed	14 09	Geoffrey Honey	16 45	Jane Allison	13 33	David Goodspeed	11 08	55	35
22	145	TAC TAMAR	MV40	Grant Harvey	11 53	Mark Orme	13 41	Richard Nettleship	16 10	Carlos Castillo	14 07	55	51
23	160	Musketeers V50 Male	MV50	Mark Sinclair	12 44	Paul Bennett	13 09	Barrie Christian	14 07	Dean Trice	15 53	55	53
24	151	Rudolph's Relay Runners	MIX	David McCarthy	13 45	Colin Palmer	13 40	Deborah Cornish	15 07	Rebecca Scott	14 37	57	09
25	166	EVH Women	F	Katy Mogridge	15 29	Liz Bristow	15 49	Kate Medlicott	14 27	Isabella Trowell	13 17	59	02
26	154	Musketeers Ladies 3	FV45	Sarah Robinson	14 02	Maggie Lamerton	15 34	Debbie Bennett	14 56	Sarah-Jane Sinclair	15 34	60	06
27	171	Tamar Trotters	F	Maggie Bunting	16 48	Ayesha Gillespie	13 31	Jessica Riggs	16 13	Alexia Zilli McLeod	14 10	60	42
28	139	Santa's Little Stormies	MIX	Christopher Bailey	13 39	Tania Coker	16 43	Kevin Flynn	15 44	Catherine Brown	14 46	60	52
29	148	Plymstock RR Team 2	MV50	Ian Lamerton	12 07	Steve Rose	13 42	Stephen Leonard	15 35	Michael Thomas	19 35	60	59
30	153	Musketeers Ladies 2	NS	Emma Jenks	16 27	Cheryl Littlewood	14 37	Emma Jenks	16 09	Cheryl Littlewood	14 57	62	10
31	150	Tavy 55s	FV55	Tracey Oxborough	15 53	Helen Kula-Przewanski	15 44	Kate Rogers	16 42	Caroline Steven	14 01	62	20
32	147	Plymstock RR Team 1	MIX	Bill Christie	14 41	Matthew Rule	15 35	Jemma Phillis	13 46	Chloe Sherwin	19 14	63	16
33	152	Musketeers Ladies 1	F	Jasmine Robinson	17 06	Ruth McCalley	16 28	Laura Lake	15 46	Sophie Douglas	15 19	64	39
34	149	Plymstock RR Team 3	FV45	Jacquelyn Faulkner	17 50	Rachael Doonan	14 11	Jenny Orr	16 23	Sarah Cross	16 30	64	54
35	155	Musketeers Ladies 4	FV55	Louise King	16 45	Anita Chambers	16 21	Dawn Dyer	16 51	Lisa Light	17 03	67	00
36	161	Musketeers V60 Male	NS	Guy Boswell	14 45	Bryan King	19 01	Guy Boswell	14 48	Bryan King	19 01	67	35
37	141	Nifty Fifties	FV45	Karen Walker	17 38	Julie Spencer	17 34	Paula Tapp	17 57	Tracey Garland	16 13	69	22