



CLUB AWARDS SCHEME

JULY 2024

RECOGNITION
CELEBRATION
INSPIRATION

Date	Name	Age Cat.	Event	Time	Age Grade	Award	Club Record
02 July 2024	Adam Tango Holland	Senior Male	Run Exe 5k	0:15:47	82%	5k Diamond	
02 July 2024	Samantha Lake	F45	Run Exe 5k	0:19:41	81%	5k Diamond	
02 July 2024	Kate Rogers	F65	Run Exe 5k	0:26:42	77%	5k Gold Star	
20 July 2024	Ian Collacott	M40	Tavy 5	0:19:09	71%	5k Gold	
20 July 2024	James Crossey	Senior Male	Tavy 5	0:20:40	62%	5k Silver	
20 July 2024	Emma Webber	F40	Tavy 5	0:24:37	62%	5k Silver	
20 July 2024	Peter Bazley	M65	Tavy 5	0:25:33	66%	5k Silver Star	
20 July 2024	Nicole Heryet	F50	Tavy 5	0:25:37	65%	5k Silver Star	
20 July 2024	Katy Kelly	F40	Tavy 5	0:26:04	59%	5k Bronze Star	
20 July 2024	Kate Rogers	F65	Tavy 5	0:27:10	76%	5k Gold Star	
20 July 2024	Sarah Prior	F50	Tavy 5	0:27:14	62%	5k Silver	
20 July 2024	Hazel Walker	F50	Tavy 5	0:28:36	59%	5k Bronze Star	
20 July 2024	Sarah Cooper	F60	Tavy 5	0:29:41	64%	5k Silver	
20 July 2024	Thelma Turner	F70	Tavy 5	0:31:09	71%	5k Gold	
20 July 2024	James Savage	M50	Tavy 5	0:31:17	47%	5k Commendation	
20 July 2024	Tim Haines	M50	Tavy 5	0:32:55	45%	5k Commendation	
20 July 2024	Lorena Merrett	F70	Tavy 5	0:36:48	61%	5k Silver	
20 July 2024	Sara Allen	F50	Tavy 5	0:37:50	44%	5k Commendation	
20 July 2024	Tish Valva	F60	Tavy 5	0:38:00	50%	5k Bronze	
20 July 2024	Harry Sharp	Senior Male	Tavy 5	0:41:04	31%	5k Commendation	
20 July 2024	Alison Newcombe	F60	Tavy 5	0:43:32	44%	5k Commendation	