

# TAVISTOCK Athletic Club

## TRACK & FIELD RECORDS

### Under 20

Men			
Event	Name	Time/Dist	Year
60m (Indoor)	Brook Adnitt	7.66s	2016
100m	Joe Wheeler	11.1s	2022
150m	Brook Adnitt	18.4s	2015
200m (Indoor)	Brook Adnitt	24.55s	2016
200m	Joe Wheeler	22.97s	2023
300m	Josh Blake	38.5s	2015
	Brook Adnitt	38.5s	2015
300m(indoor)	Brook Adnitt	39.74s	2016
400m (Indoor)	Brook Adnitt	57.24s	2015
400m	Joe Wheeler	49.95s	2022
600m (Indoor)	Josh Blake	1m 26.54s	2014
600m	Josh Blake	1m 25.6s	2015
800m (Indoor)	Josh Blake	1m 59.95s	2015
800m	Sam Lane De Courtin	1m 54.28s	2015
1500m (Indoor)	Sam Lane De Courtin	4m 06.39s	2015
1500m	Sam Lane De Courtin	3m 59.75s	2014
1 mile	Dean Smith	4m 53.6s	2013
2000m	Sam Lane De Courtin	5m 55.4s	2014
3000m (Indoor)	Will Dax	9m 28.07s	2014
<b>3000m</b>	<b>Jed Hutchings</b>	<b>8m 51.5s</b>	<b>2024</b>
5000m	Will Dax	16m 47.79s	2015
10000m	Will Dax	35m 11.94s	2015
100m Hurdles	Sam Lane De Courtin	23.17s	2014
110m Hurdles	Charlie Shipton	22.95s	2016
2000m Steeplechase	Sam Lane De Courtin	6m 02.52s	2014
3000m Steeplechase	Sam Lane De Courtin	10m 01.87s	2014
Discus 1.75kg	Edward Fileman	52.97m	2022
Hammer 6kg	Edward Fileman	56.80m	2020
Long jump	Ben Callard	6.71m	2021
Triple jump	Ben Rogers	11.70m	2018
High Jump	Ben Callard	1.71m	2021
Javelin 800g	Harry Tomlin	47.40m	2021
Shot Put 6kg	Josh Tyler	16.24m	2021
Shot Put 6kg (indoor)	Lee Shipton	8.36m	2019
Decathlon	Ben Callard	4450 pts	2021

updated October 2024

Women			
Event	Name	Time/Dist	Year
60m (indoor)	Jade Kinsey	8.28s	2016
100m	Jade Kinsey	12.80s	2018
200m	Jade Kinsey	26.1s	2016
200m (indoor)	Jade Kinsey	27.95s	2016
300m (indoor)	Jade Kinsey	44.21s	2017
400m	Jade Kinsey	58.2s	2017
400m (indoor)	Jade Kinsey	64.56s	2017
400mH	Joely Bytheway	66.51s	2018
600m	Alice Rogers	1m 49.0s	2011
600m (indoor)	Emma Ryder	1m 45.47s	2017
800m	Emma Ryder	2m 14.92s	2018
1500m	Tess Masselink	4m 36.07s	2016
1 mile	Emma Ryder	5m 16.74s	2018
3000m	Charlotte Walker	10m 35.28s	2023
5000m	Charlotte Walker	18m 42.13s	2023
10000m	Charlotte Walker	40m 01.95s	2024
100mH	Joely Bytheway	16.62s	2018
400mH	Joely Bytheway	66.51s	2018
1500m Steeplechase	Tess Masselink	4m 50.45s	2016
2000m steeplechase	Tess Masselink	6m 42.1s	2016
3000m steeplechase	Tess Masselink	10m 42.21s	2016
Discus 1kg	Lois Fileman	35.67m	2020
Hammer 4kg	Phoebe Milburn	50.18m	2024
Long Jump	Aimee-Leigh Clowes	4.42m	2016
Javelin 600g	Ella Tomlin	21.49m	2018
Shot Put 4kg	Ella Tomlin	9.38m	2019
Weight throw (9.08kg)	Phoebe Milburn	13.43m	2024
High Jump (indoor)	Aimee-Leigh Clowes	1.57m	2015
High Jump	Aimee-Leigh Clowes	1.66m	2016
Triple jump	Aimee-Leigh Clowes	9.9m	2016
Long Jump	Ella Tomlin	4.85m	2018
PentathlonWtW	Phoebe Milburn	2406pts	2024