

# The TAVY 5k



A **TAVISTOCK**  
Athletic Club  
Production

## Results

15 February 2025

Version 2

Pos.	Time	Forename	Surname	Club	Age Cat.	Age Cat. Position	Age Graded Performance	Course Record	Age Category Record
1	16:23	Jim	Cole	Tavistock Run Project	Vet 40 M	1	85.25%		
2	16:33	Peter	Newman	Tavistock AC	Sen M	1	78.85%		
3	16:58	Cameron	Sangster	Infinity Club	Sen M	2	76.03%		
4	17:29	Harry	Bell	Unattached	Sen M	3	73.78%		
5	17:35	Joe	Thomson	Launceston RR	Vet 35 M	1	76.49%		
6	18:33	Wes	Smith	Tavistock Run Project	Sen M	4	70.08%		
7	18:52	Jack	Anthony	Tavistock AC	U13 M	1	78.80%		
8	19:00	John	Porter	Plymouth Harriers	Vet 50 M	1	78.86%		
9	19:07	Peter	Moyse	Tavistock Run Project	Vet 40 M	1	72.45%		
10	19:43	Lewis	Mill	Tavistock Run Project	Vet 35 M	2	68.72%		
11	19:45	Richard	Drage	Tavistock AC	Vet 65 M	1	85.74%		
12	20:16	Owen	Drage	Shrewsbury AC	Sen M	5	64.14%		
13	20:31	Andy	Bees	Plymouth Musketeers RC	Vet 40 M	3	68.07%		
14	20:41	Samantha	Lake	Tavistock AC	Vet 45 W	1	77.52%		
15	21:00	Kirsty	Prowse	DSFRS RC	Vet 35 W	1	71.67%		
16	21:07	Emily	Moore	Unattached	Sen W	1	70.09%		
17	21:18	David	Harris	Tavistock AC	Vet 60 M	1	75.98%		
18	21:22	Mark	Sinclair	Plymouth Musketeers RC	Vet 55 M	1	72.54%		
19	21:56	Jack	Smyly	Unattached	Sen M	6	58.81%		
20	22:04	Caroline	Steven	Tavistock AC	Vet 55 W	1	84.29%		
21	22:10	Gemma	Gallant	Unattached	Vet 35 W	2	67.89%		
22	22:32	David	Austin	Plymouth Musketeers RC	Vet 40 M	4	61.46%		
23	22:35	James	Alexander	Unattached	Vet 40 M	5	60.44%		
24	22:42	Michael	Hockey	Plymouth Musketeers RC	Vet 45 M	1	62.48%		

25	22:43	Andrew	Whitby	Instinctive Sports	Vet 60 M	2	72.49%		
26	22:56	Charlie	Elder	Unattached	Vet 55 M	2	68.75%		
27	23:12	Matthew	Bain	Unattached	Vet 50 M	2	65.16%		
28	23:31	Richard	Sloley	Instinctive Sports	Vet 50 M	3	62.72%		
29	23:34	Lee	Le Marquand	Plymouth Musketeers RC	Vet 45 M	2	61.60%		
30	23:39	Fred	Jenkins	Instinctive Sports	Vet 60 M	3	70.26%		
31	23:59	Paul	Rowe	Unattached	Vet 35 M	3	55.66%		
32	24:03	Daniel	Matthams	Unattached	Sen M	7	54.54%		
33	24:08	Joseph	Stewart	Unattached	Vet 35 M	4	55.73%		
34	24:12	Charlotte	Harris	Unattached	Sen W	2	61.16%		
35	24:13	Stephanie	Parish	Plymouth Musketeers RC	Sen W	3	61.39%		
36	24:16	Elisa	Mendes	Tavistock AC	Sen W	4	61.13%		
37	24:36	Beth	Kelly	Tavistock AC	U10 W	1	71.34%		
38	24:39	Jim	Andrews	Plymouth Musketeers RC	Vet 60 M	4	67.41%		
39	24:48	Emma	Jenks	Plymouth Musketeers RC	Vet 45 W	2	64.05%		
40	25:04	Sue	Gawman	Unattached	Vet 55 W	2	71.28%		
41	25:30	Peter	Bazley	Tavistock AC	Vet 65 M	2	68.37%		
42	25:44	Bea	Cox	Unattached	Sen W	5	57.51%		
43	25:45	Mark	Baker	Tavistock Run Project	Vet 50 M	4	57.73%		
44	26:28	Tim	Haimes	Tavistock AC	Vet 50 M	5	56.61%		
45	26:33	Sarah-Jane	Sinclair	Plymouth Musketeers RC	Vet 55 W	3	67.29%		
46	26:37	David	Matthams	Instinctive Sports	Vet 60 M	5	61.30%		
47	27:06	Nicole	Heryet	Tavistock AC	Vet 50 W	1	64.27%		
48	27:44	Alina	Nishkur	Unattached	Vet 40 W	1	56.73%		
49	27:52	Bernie	Hawes	Unattached	Vet 55 M	3	55.14%		
50	28:25	Megan	Kelly	Tavistock AC	U10 W	2	66.04%		
51	28:26	Katy	Kelly	Tavistock AC	Vet 40 W	2	53.81%		
52	28:28	Tim	Cuckston	Lonely Goat RC	Vet 65 M	3	60.01%		
53	28:42	Peter	Griffith	Unattached	Vet 70 M	1	64.92%		
54	28:47	Stephen	Teagle	Unattached	Vet 65 M	4	58.25%		
55	29:01	Hannah	Creasy	Tavistock AC	Vet 50 W	2	58.47%		
56	29:29	Nicolette	Overy	Tavistock AC	Vet 65 W	1	71.96%		
57	29:37	Claire	Pilsbury	Tavistock AC	Vet 35 W	3	50.65%		
58	29:59	Fiona	Lovell	Unattached	Vet 60 W	1	63.81%		

59	30:46	Cheryl	Schofield	Tavistock AC	Vet 60 W	2	62.19%		
60	32:33	Dominika	Nawalany	Bere Alston Trekkers	Vet 40 W	3	47.00%		
61	34:03	Ailla	Thomson	Unattached	U10 W	3	51.54%		
62	34:20	Simon	Hubbard	Tavistock AC	Vet 55 M	4	44.76%		
63	34:21	Sarah	Hinton	Unattached	Vet 55 W	4	54.15%		
64	34:21	Peter	Hinton	Unattached	Vet 55 M	5	46.29%		
65	34:34	Beatrice	Hamilton	Unattached	Vet 55 W	5	53.81%		
66	34:51	Paul	Kennelly	Unattached	Vet 55 M	6	45.24%		
67	36:04	Simon	Barrett	Instinctive Sports	Vet 60 M	6	45.66%		
68	37:36	Nichola	Harmer	Unattached	Vet 55 W	6	49.47%		
69	39:10	Rob	Felwick	Instinctive Sports	Vet 60 M	7	42.04%		
70	40:20	Andrea	Foster	Launceston RR	Vet 55 W	7	46.78%		
71	40:32	Christine	Teague	Tavistock AC	Vet 60 W	3	49.26%		
72	40:32	Lorena	Merrett	Tavistock AC	Vet 70 W	1	58.76%		
73	40:50	Susan	Eick	Unattached	Vet 45 W	3	40.57%		
74	40:51	Debbie	Ashton	Unattached	Vet 50 W	3	42.64%		
75	54:24	Sue	Wildman	Tavistock AC	Vet 50 W	4	31.59%		